



**PARKS AND RECREATION COMMISSION
MEETING AGENDA**

**February 24, 2026
6:00 PM**

Location: City Council Chambers, 408 N. Spokane Street, Post Falls, ID 83854

REGULAR MEETING – 6:00 pm City Council Chambers

The regular agenda is scheduled to start at 6:00 PM, but may start earlier depending on the completion of any preceding workshop.

CALL TO ORDER

PLEDGE OF ALLEGIANCE

WELCOME – PLEASE TURN OFF CELL PHONES – Thank you

ROLL CALL OF PARKS & RECREATION COMMISSION MEMBERS

James Hail, Jayson Cornwell, Krista Noyes, Devon Braithwaite, Deborah Patterson

AMENDMENTS TO THE AGENDA

Final action cannot be taken on an item added to the agenda after the start of the meeting unless an emergency is declared that requires action at the meeting. The declaration and justification must be approved by motion of the Commission.

CEREMONIES, ANNOUNCEMENTS, APPOINTMENTS, PRESENTATION:

ACTION ITEM

- a. Election of Chair and Vice Chair - **ACTION ITEM**
- b. Tabitha Kraack from the North Idaho Centennial Trail Foundation will be giving a talk on the history and role of the Trail.

DECLARATION OF CONFLICT

Commission members are requested to declare if there is a conflict of interest, real or potential, pertaining to items on the agenda.

1. CONSENT CALENDAR

The consent calendar includes items which require formal Commission action, but which are typically routine or not of great controversy. Individual Commission members may ask that any specific item be removed from the consent calendar in order that it be discussed in greater detail. Explanatory information is included in the Commission agenda packet regarding these items and any contingencies are part of the approval.

ACTION ITEMS:

- a. Minutes from November 25, 2025 Meeting

2. CITIZEN ISSUES

This section of the agenda is reserved for citizens wishing to address the Commission on an issue that is not on the agenda. Comments on issues that are planned for future meeting agendas should be held for that meeting.

3. UNFINISHED / OLD BUSINESS

4. NEW BUSINESS

- a. Corbin Dog Park Concept
- b. Discuss future meeting days/times/frequency, formal vs. workshop, etc. - **ACTION ITEM**

5. ADMINISTRATIVE / STAFF REPORTS

- a. Upcoming Winter & Spring Activities
- b. Urban Forester's Report

6. COMMISSION COMMENT

7. ADJOURNMENT

Questions concerning items appearing on this Agenda or requests for accommodation of special needs to participate in the meeting should be addressed to the Office of the City Clerk, 408 Spokane Street or call 208-773-3511. City Council and City commission meetings are broadcast live on Post Falls City Cable on cable channel 1300 (formerly 97.103) as well as the City's YouTube Channel (<https://www.youtube.com/c/CityofPostFallsIdaho>).

Commission Chair: , Vice-Chair: Devon Braithwaite
Members: Jayson Cornwell, James A. Hail III, Krista Noyes, Deborah Patterson

Mission
Building Community



NORTH IDAHO
CENTENNIAL



TRAIL



North Idaho Centennial Trail Foundation





What is the NICTF?

- 23 Miles of Adventure , connecting communities, neighborhoods, schools, and multiple points of interest





History

- Joint Powers Board created in 1989 in preparation of the long term care of the Centennial Trail
- The first 5 miles opened in 1990 from state line bridge to Falls Park in Post Falls
- The last 5 miles was completed in 1995 East side of Coeur d'Alene to Higgins Point



What is the Joint Powers Board ?

- Post Falls City, Coeur d'Alene City, Kootenai County, and North Idaho Centennial Trail.





Trail Usage

- Over 800,000 people use the Centennial Trail each year.
- July-December are our heaviest months
- 2024- 93,916
- 2025- 108,259



Events

- Marathon / Hop Dash
- Fondo
- Ales
- Riverstone





Coeur d'Alene Marathon

May 24th, 2026

- 2019 – 1800 Runners
- 2020 – 1750 Runners
- 2021- 2700 Runners
- 2022- 2200 Runners
- 2023- 2300 Runners
- 2024- 2700 Runners
- 2025- 2800 Runners
- 2026- 1300 Registered so far





Coeur d'Alene Fondo





Ales for the Trail 2026

- August 15th, 2026
- CDA City Park

BEER • CIDER • WINE • MOCKTAILS
LIVE MUSIC • FOOD • GAMES • RAFFLE PRIZES



SATURDAY, AUGUST 15

COEUR D'ALENE CITY PARK | 3-8PM

VIP EARLY ENTRY @ 2PM



Sponsor-A-Mile





Membership



Want to get involved?

- Sponsor
- Volunteer
- Become a Member





Q & A



NORTH IDAHO
CENTENNIAL



TRAIL

🖱️ nictf.org

✉️ info@nictf.org

f facebook.com/CentennialTrail/

📷 instagram.com/northidahocentennialtrail



**PARKS AND RECREATION COMMISSION
MEETING MINUTES**

**November 25, 2025
6:00 PM**

Location: City Council Chambers, 408 N. Spokane Street, Post Falls, ID 83854

REGULAR MEETING – 6:00 pm City Council Chambers

The regular agenda is scheduled to start at 6:00 PM, but may start earlier depending on the completion of any preceding workshop.

CALL TO ORDER

PLEDGE OF ALLEGIANCE

WELCOME – PLEASE TURN OFF CELL PHONES – Thank you

ROLL CALL OF PARKS & RECREATION COMMISSION MEMBERS

James Hail, Jayson Cornwell, Geena Hall, Krista Noyes, Devon Braithwaite, Deborah Patterson, Dani Zibell-Wolfe,

All present except: Jayson Cornwell (excused) and Krista Noyes (absent).

AMENDMENTS TO THE AGENDA

Final action cannot be taken on an item added to the agenda after the start of the meeting unless an emergency is declared that requires action at the meeting. The declaration and justification must be approved by motion of the Commission.

None

**CEREMONIES, ANNOUNCEMENTS, APPOINTMENTS, PRESENTATION:
ACTION ITEM**

None

DECLARATION OF CONFLICT

Commission members are requested to declare if there is a conflict of interest, real or potential, pertaining to items on the agenda.

None

1. CONSENT CALENDAR

ACTION ITEMS:

Motion by Hail for approval of consent calendar as presented.

Second by Zibell-Wolfe

Vote: Hail-Aye, Hall-Aye, Briathwaite-Aye, Patterson-Aye, Zibell-Wolfe-Aye.

Motion carried.

- a. Minutes June 24, 2025 Parks and Recreation Commission Meeting
- b. Minutes July 23, 2025 Parks and Recreation Commission Workshop
- c. Minutes September 23, 2025 Parks and Recreation Commission

2. CITIZEN ISSUES

This section of the agenda is reserved for citizens wishing to address the Commission on an issue that is not on the agenda. Comments on issues that are planned for future meeting agendas should be held for that meeting.

None

3. UNFINISHED / OLD BUSINESS

- a. New Director Up-date

Shelly Enderud, City Administrator, took a moment to say farewell to Dave Fair and invite the Parks & Recreation Commission to his retirement party. Shelly Enderud announced that Kris Ammerman has been hired as the new Parks & Recreation Director and will be starting with the City of Post Falls on December 15, 2025.

4. NEW BUSINESS

- a. Introduction to the Commission for Accreditation of Park and Recreation Agencies (CAPRA) Standards and Agency Accreditation Process

Bryan Myers, Parks Manager, presented the standards and process that would be required for the department to apply for CAPRA accreditation. Getting accredited would show that we operate at a high level and with best practices. It would be a 2–3 year process to apply and, once accredited, this department would need to apply every 5 years after that to remain accredited. Myers explained that there are very few organizations accredited in the Pacific Northwest, and if we chose to pursue accreditation, we would be one of the first in the area.

- b. Falls Park Pond

Dave Fair, Parks & Recreation Director, explained that the Falls Park Pond has been dug out and the bentonite has been removed to help solve the snail issue. Now that the materials have been removed Avista is looking at adding a liner to the pond before it is filled back up.

5. ADMINISTRATIVE / STAFF REPORTS

- a. Park Construction Up-date

Robbie Quinn, Parks Planner, presented pictures and explained the upcoming construction and progress being made on the existing projects.

The City has received a LWCF grant of \$1.25 million for construction on the Quarry Sports Complex Phase 1. This project is expected to start in March or April of 2026.

The Montrose Sports Complex has been under construction this year. The parking lot and fencing are 90 percent complete and infield mix has been installed. The fields are expected to be playable in 2027.

Black Bay boardwalk is 90 percent complete and should be completely wrapped up within the next two weeks.

b. 2025 Parks and Recreation Department Review

Dave Fair, Parks & Recreation Director shared with the Parks & Recreation Commission that the department had a good year. The Cemetery had a large increase in lot sales, Q'emiln parking fee revenue was just slightly less than last year, and Recreation activity enrollment stayed fairly consistent with last year, but it was a big jump from 2023. Fair also highlighted that the scholarship program for activities is funded by fundraising and donation, the money does not come out of the budget.

c. A General Parks and Recreation Discussion

Dave Fair, Parks & Recreation Director, explained that the department has changed a lot in 30 years, highlighting the community and department growth. Fair brought up that as the department moves forward, we need to let development drive where parks are developed, putting the right park in the right location. It is important to pay attention to what the community wants and needs when developing parks and it is critical to keep the parks updated and relevant. To keep connectivity in Post Falls it will be critical to obtain the railroad corridor and switch station as well as the area around the water tower parking lot. Look at revenue sources that will offset cost.

d. Written Forester Report

Preston Hill, Urban Forester, Urban Forestry Division was unable to attend. Hill provided a written report that highlighted what's new since our last meeting, what the Urban Forestry Division is currently working on, and plans for the short-term looking forward.

6. COMMISSION COMMENT

James Hail and Geena Hall thanked Dave Fair for his nearly 30 years of service.

7. ADJOURNMENT

7:15 PM

Date: _____

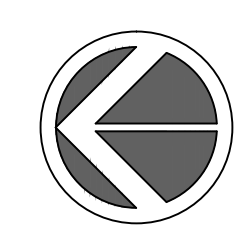
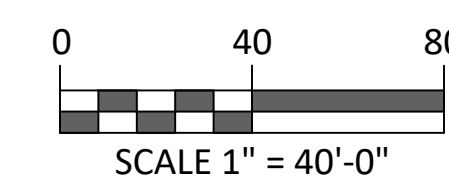
Chair: _____

Attest: _____

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Commission Chair: Geena Hall, Vice-Chair: Devon Braithwaite
Members: Jayson Cornwell, Dani Zibell-Wolfe, James A. Hail III, Krista Noyes, Deborah Patterson

Mission
Building Community



CORBIN DOG PARK
567 S CORBIN RD
OVERALL CONCEPT SITE PLAN

DATE:	01.14.26
REVISIONS	
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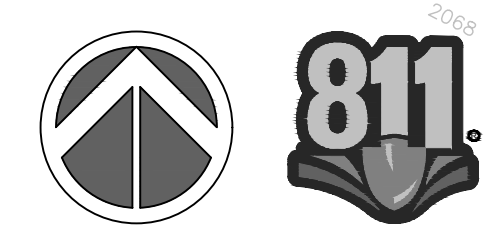
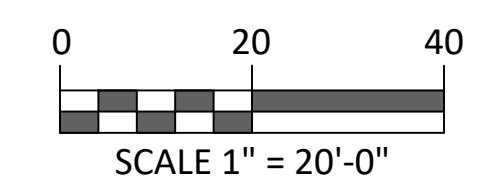
CORBIN DOG PARK
 567 S CORBIN RD
CONCEPT SITE PLAN

DATE: 01.14.26

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**POST
FALLS**

PARKS & RECREATION

**WINTER/SPRING
2026**



**WHAT'S
INSIDE!**

SPRING CRAFT FAIR

CAMPS

YOUTH SPORTS

Page 23 of 40

Experience
POST FALLS
PARKS AND RECREATION

**EASTER EGG EXTRAVAGANZA
Q'EMILN PARK**

PARKS & RECREATION

It is our mission to provide exceptional parks, services, facilities and recreational opportunities to our customers and the citizens of Post Falls.

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3	OUTDOOR RECREATION
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13	ADULT SPORTS & FITNESS
14-15	SPECIAL INTEREST

HOW TO REGISTER



ONLINE: Download the Dash By DaySmart Recreation Member app & create an account, to sign up or view classes, teams, camps, events, and more!



IN PERSON: Parks and Recreation Administrative office is open Monday through Friday, 8:00am to 5:00pm. We are located at the Post Falls City Hall, 408 N. Spokane Street, Post Falls. Cash, credit/debit cards, check or money order.



PHONE-IN: Credit cards only - (208) 773-0539

CONNECT WITH US



FACEBOOK & INSTAGRAM
@pfparksandrec

RECREATION ADMINISTRATION

208.773.0539

CEMETERY DEPARTMENT

208.777.4478 or 208.773.0539

PARKS DEPARTMENT

208.773.8147

URBAN FORESTRY

208.457.3315 or 208.773.0539

FIND A PARK: www.postfalls.gov/parks
Park amenities search tool available

CALENDAR OF YEAR-ROUND SPORTS

YOUTH - AGES 3-15

SEASON	SPORT	REGISTER	SEASON STARTS
Spring	Flag Football, Soccer, Volleyball	January 15	April
Summer	Baseball	May 1	July
Fall	Flag Football, Soccer, Volleyball	July 1	September
Fall	Tiny Hoopsters Basketball	August 1	October
Fall	Competitive Basketball League	August 1	November
Fall Tournament	Competitive Basketball Tournament	August 1	November
Winter	Recreation Basketball League	November 1	January

ADULT SPORTS - 16+

SEASON	SPORT	REGISTER	SEASON STARTS
Year-Round League	Volleyball/Women's	Nov 1, Feb 1, May 1, Aug 1	January, March, July, October
Spring League	Kickball/Co-ed	January 15	May

TOURNAMENTS

		REGISTER	EVENT DATES
Spring	Notorious Dig Women's Volleyball	February 1	April
Fall	Pumpkin Bowl/Men's Flag Football	August 1	October
Winter	Wild Turkey Dodgeball/Co-ed	October 1	November
Winter	Holly Jolly Women's Volleyball	November 1	December

SPORTS LEAGUE DETAILS:

Due to administrative fees involved, an 80% refund will be made if a participant withdraws from a sports league at-least 1 week prior to the coaches meeting. No refunds will be issued after this time.

We are unable to honor requests for specific coaches, to be on teams with friends, carpool requests, etc.

Our recreation sports are a great opportunity to make new friends, experience different coaching styles, and explore a variety of sports in a fun environment. Siblings are guaranteed to be together so long as a note is placed at the time of registration. Sponsors are guaranteed to have their children on the sponsored team. Coaches are guaranteed to have their children on their teams; limit two coaches per team.

USEFUL INFORMATION TO KNOW

- A class may be canceled if it does not reach the minimum for enrollment. Register early to help ensure the class or activity you are interested in will run.
- Download the Dash by DaySmart Recreation Member App to register and keep up with your activities.
- Have you lost (or found) something recently in a Post Falls Park, or while attending a parks & recreation program? If so, please let our office know by calling (208) 773-0539
- Q'emiln Park (pronounced KA-MEE-LIN) It's a Native American word and means "Throat of the River" or "Mouth of the River"
- Dogs are allowed in some Post Falls Parks while on leash. To view a list of those parks, visit www.postfalls.gov/parks
- BOAT LAUNCH- Q'emiln Park boat launch opening varies each year. The launch typically closes mid-November and generally re-opens in the late spring or early summer.
- City of Post Falls Residents - Receive 1 FREE Q'emiln Park Season Car Parking pass per household. For more information call the Parks & Recreation Office at 208-773-0539



INTRO TO CLIMBING WITH COEUR CLIMBING COMPANY

Embark on an adventure to new heights with our "Climbing Basics" class, brought to you by Coeur Climbing! Sign up now to master fluid movement, grip techniques, and precise footwork. Led by seasoned professionals. You'll learn essential safety measures and techniques. Registration includes all gear, expert instruction, and a progressive climbing experience, ideal for beginners and those seeking a refresher.

Ages: 7-14

Instructor: Coeur Climbing Staff

Location: 764 S. Clearwater Loop, Suite 101, Post Falls

Min 4/Max 12	3 sessions	
F 1/9-1/23	10:00am-12:00pm	\$130
F 3/13-3/27	10:00am-12:00pm	\$130
F 5/8-5/22	10:00am-12:00pm	\$130

SILVER MOUNTAIN SNOW TUBING

Pack a lunch and leave the driving to us. Fee includes round-trip transportation, the gondola ride, snow tube rental and 2 hour tubing session.

Ages: 4 & up (under 18 must be accompanied by a participating adult)

Location: Meet at Post Falls City Hall, 408 N. Spokane St, Post Falls

Registration deadline: 10 days prior to each trip.

Min 15/Max 15	1 session	
F 1/9	9:30am-2:30pm	\$44 adult/\$41 youth
Su 2/1	9:30am-2:30pm	\$44 adult/\$41 youth

YOUTH ARCHERY FOR BEGINNERS

A basic class in target archery, this course requires no prior knowledge or experience and covers all the basics of target archery, archery safety, rules and proper shooting techniques through fun games and activities. All equipment is provided. Recurve bows and youth arrows are used.

Age: 7-12

Instructor: Coeur d'Alene Bowmen Volunteer Instructors

Location: Upper Corbin Field, 567 S. Corbin Road, Post Falls

Min 5/Max 10	4 sessions	
Tu 4/7-4/28	3:30-4:15pm	\$66
Tu 4/7-4/28	4:30-5:15pm	\$66
Th 4/9-4/30	3:30-4:15pm	\$66
Th 4/9-4/30	4:30-5:15pm	\$66



ARCHERY BASICS FOR TEENS

Learn the proper technique of shooting a bow, the etiquette of safety, and rules of archery. This class will focus on proper body position, bow position, and shooting accuracy. We will conclude our class with a fun competition. All equipment is provided. Recurve bows and youth arrows are used.

Ages: 13-18

Instructor: Coeur d'Alene Bowmen Volunteer Instructors

Location: Upper Corbin Field, 567 S. Corbin Road, Post Falls

Min 5/Max 10	4 sessions	
Tu 4/7-4/28	5:30-6:15pm	\$66

LITTLE CAMPERS, BIG MEMORIES: STRESS-FREE FAMILY CAMPING

Kids change the way we camp, skip the trial and error and learn from experts. This course will cover ways to modify your approach to camping outdoors with the whole family. Whether backpacking to the mountain lake or parking the trailer at your favorite campground, this is all about the tips and tricks to make it a positive experience.

Instructor: Jason Wiley, Recreation Supervisor

Location: Kiwanis Park, 4176 Weatherby Avenue, Post Falls

Registration: Jan 15-May 3

Min 4/Max 10	1 session	
W 5/6	5:30-6:30pm	\$22/Family



TRAIL READY: HIKING SKILLS & FIND-YOUR-WAY-HOME-NAVIGATION

Learn the basics of getting out into the woods and being safe. This course will cover clothing, equipment, route selection and basic navigation with map and compass to make your journey into the woods enjoyable. Bring a water bottle and sturdy footwear. We will venture into the Community Forest to get hands-on experience practicing our skills.

Ages: 10-15

Instructor: Jason Wiley, Recreation Supervisor

Location: Q'emiln Park / Picnic Shelter, 12201 W. Parkway Dr, Post Falls

Registration: Jan 15-May 3

Min 4/Max 12	3 sessions	
M,W,F 5/11, 5/13, 5/15	10:00-11:30am	\$55



ARTS & CULTURE

KIDS IN THE KITCHEN AT THE JACC

Join us in the JACC kitchen for a delicious culinary adventure! Each month, young chefs will explore hands-on cooking, learning simple techniques they can easily recreate at home. Taste what you make and take home the recipes!

Ages: 7-13

Location: Jacklin Arts Center, 405 N. William St. Post Falls

Instructor: Jacklin Arts & Cultural Center Staff

PUFF-A-PALOOZA: CRAZY PIZZA PUFFS

Tu	1/20	4:15 – 5:45pm	\$25
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SWEET SLICE: DESSERT PIZZA PARTY

Tu	2/10	4:15 – 5:45pm	\$25
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STUFFED & SIPPIN' SLOPPY JOE MUFFINS

Tu	2/24	4:15 – 5:45pm	\$25
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SHEPHERD'S PIE, MY WAY!

Tu	3/10	4:15 – 5:45pm	\$25
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BREAKFAST IN A BITE: MUFFIN TIN SANDWICHES

Tu	3/24	4:15 – 5:45pm	\$25
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PIZZAGNA PARTY: PIZZA MEETS PASTA

Tu	4/14	4:15 – 5:45pm	\$25
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ARTS & CRAFTS FOR KIDS

Ages: 6-12

Location: Jacklin Arts Center, 405 N. William St, Post Falls

Min 4/ Max 12

FROM CLAY TO MASTERPIECE: POTTERY WORKSHOP

Get your hands dirty with clay! Join guest instructor Jenni Fallein for this pottery workshop. In week one, young artists will learn hand-building techniques to create their very own clay pots. In week two, we'll add beautiful colors and designs with glazes. Jenni will fire all the pieces in her kiln, transforming them into permanent keepsakes. Students will go home with a handmade pottery masterpiece.

W	2/4-2/11	4:30-5:30pm	\$30 / 2 sessions
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SUNSHINE & STRING: GLUE SUNCATCHERS

Young artists will create beautiful transparent suncatchers using string, watercolor, glue, and wire. We'll shape wire frames, create delicate string designs, and add vibrant watercolor washes that glow when the light hits them.

W	3/11	4:30-5:30pm	\$15 / 2 sessions
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BLOOM & GLOW: FLOWER LANTERNS

Bring the garden indoors with glowing flower lanterns! Young artists will build their own lanterns using popsicle sticks as frames and translucent wax paper decorated with beautiful flower designs. We'll add battery-operated candles inside to make them glow with warm, cozy light.

W	3/18	4:30-5:30pm	\$15
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PAWS & PAINT: MIXED MEDIA PET PORTRAITS

Celebrate your favorite furry, feathered, or scaly friends! Young artists will create colorful mixed media portraits of their beloved pets or favorite animals. We'll combine paint, collage, texture, and drawing techniques to capture each creature's unique personality and charm.

W	3/25	4:30-5:30pm	\$15
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FLUTTER & GLOW: WAX RESIST BUTTERFLIES

Watch butterflies come to life with color! Young artists will create stunning butterflies using the magic of wax resist and vibrant tissue paper. We'll draw with wax crayons to create patterns, then layer colorful tissue paper that sticks everywhere except the wax—revealing beautiful, brilliant designs.

W	4/8	4:30-5:30pm	\$15
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APRIL SHOWERS: MINI UMBRELLA GARLAND

April showers bring adorable art projects! Artists will create their own charming 3D umbrella garland using paper, paints, colored pencils, pipe cleaners, and twine. We'll design and decorate tiny umbrellas in every color of the rainbow, add pipe cleaner handles, and string them together into a whimsical garland.

W	4/15	4:30-5:30pm	\$15
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KIDS AFTERNOON ART WITH DEBORAH LOY

Ages: 6 - 12

Location: Jacklin Arts Center, 405 N. William St, Post Falls
Min 5/Max 14

HEARTFELT ART - JIM DINE-INSPIRED PAINTINGS

Explore the bold, expressive heart paintings of contemporary artist Jim Dine. We'll create our own colorful heart artworks using layered paint, mixed media techniques, and expressive mark-making. Jim Dine's iconic hearts are full of texture, color, and emotion, perfect for artists ready to paint with passion and personality. All skill levels welcome!

F 2/13 12:30-2:00pm \$20

METAL MAGIC - RELIEF RUBBINGS

Discover the ancient art of metal relief! We'll create raised designs by embossing soft metal sheets, then use rubbing techniques to reveal beautiful dimensional artwork. This tactile process combines sculpture and drawing, creating stunning metallic pieces with depth and texture.

F 2/20 12:30-2:00pm \$20

WILD FACES - CLAY CRETE ANIMAL MASKS

Create dramatic 3D animal masks in this exciting two-week workshop! In week one, we'll mold our masks using clay crete to capture the unique features of our chosen animals. In week two, we'll paint our hardened masks with bold colors and details, then mount them on canvas for a stunning gallery-worthy display. It's sculpture, painting, and imagination all rolled into one impressive project!

F 3/6 & 3/13 12:30-2:00pm \$35/2 sessions

TIN PEOPLE - SCULPTURAL FIGURES

Bring tiny people to life with metal! In this two-week workshop, we'll work with thin sheets of tin to form expressive little figures in various poses—dancing, sitting, reaching, or whatever you imagine. In week one, we'll shape and sculpt our tin people. In week two, we'll add personality with paint and details.

F 3/20 & 3/27 12:30-2:00pm \$35/2 sessions

SANDY CREATIONS - COLORED SAND ART

Create vibrant, textured artwork using the magic of colored sand! We'll design our own patterns and images, then use adhesive backing to build up layers of brilliant colored sand. This meditative, tactile process produces stunning results with rich color and unique texture.

F 4/10 12:30-2:00pm \$20



CATCH THE BREEZE - FISH WIND SOCKS

Create beautiful fish wind socks that dance in the breeze! In week one, we'll learn block printing techniques to stamp colorful patterns and designs onto silky fabric. In week two, we'll assemble our printed fabric into flowing fish wind socks complete with ribbons and tails. These whimsical creations are perfect for hanging outdoors or in a breezy window.

F 4/17 & 4/24 12:30-2:00pm \$35/2 sessions

JACC ADULT CLASSES

COFFEE & CREATIVITY: MIDWEEK ART BREAK

Escape the midweek routine and join us in our studio for a relaxing creative experience! Unwind with coffee, herbal tea, and hands-on art projects in a warm, welcoming atmosphere. This isn't your typical paint-and-sip—we explore mindful painting, soothing crafts, and creative techniques designed to inspire and de-stress. Projects vary weekly, always focusing on relaxation, creativity, and connection with fellow participants. From mandala painting to texture collage to seasonal crafts, each session offers a different creative medium to explore. All art supplies, coffee & herbal teas, and good company included.

Min 4/Max 16

Ages: 18 & up

Location: The JACC Studio, 405 N. William St, Post Falls

Dates: 1/21, 2/4, 2/18, 3/11, 3/25, 4/8, 4/22, 5/6

W 10:30am-12:00pm \$15/class

PAINT NIGHTS WITH DEBORAH LOY

Unwind and unleash your creativity at our monthly Paint Nights with artist Deborah Loy! These relaxing guided painting sessions feature seasonal themes perfect for celebrating the beauty of each season. No experience necessary—Deborah will guide you step-by-step through creating your own masterpiece while you enjoy assorted beverages in a fun, social atmosphere. Each session focuses on seasonal imagery and techniques, making every painting a unique celebration of the time of year. All painting supplies provided, so just bring yourself and get ready to create!

Min 5/Max 14

Ages: 14 & up

Location: The JACC Studio, 405 N. William St, Post Falls

Dates: 1/14, 2/11, 3/11, 4/8, 5/13

W 6:00-8:00pm \$35/class





COMMUNITY EVENTS

POST FALLS PARKS & RECREATION
AND
JACKLIN ARTS & CULTURAL CENTER
PRESENTS

Post Falls Bridal & Special Event Fair

From Vows to Wows – Find It All Here!

Saturday, January 17
10 AM to 3 PM



TWO LOCATIONS

- 12361 W. Parkway Drive, Post Falls
- 405 N. William Street, Post Falls



208.773.0539
vendor applications available via
recreation@postfalls.gov



VENDOR OPPORTUNITY

Parks and Recreation might still have limited select space for vendors who want to showcase their bridal or special event business. Applications are online or available in our office. Call with questions. Booth space is limited.

MURDER MYSTERY PARTY, BBQ, & FUN!

Mystery Synopsis: The year is 1857 and the Wild West of legend is in full swing. Gold fever has taken over, and for the past few years, people of all ages and backgrounds have rushed to California to find their riches. Life in Cherry Creek is pretty dull, but locals and travelers alike have one place to go that is always exciting, fun and filled with joviality – The Cherry Creek Saloon.

It's a night like any other at Cherry Creek Saloon, and owner Abe Flores is enjoying a full house. But then, an accusation of cheating against one of the players causes Jeb Lyman to overturn the table in his fury, and an all-out saloon brawl ensues! When the dust settles, a body is found beneath the rubble. Who killed Jeb Lyman?

This is not a sit-down type of game, it's a fun and exciting role-playing format that will produce tons of laughs, sleuthing and entertainment. Registration is VERY limited! Costumes are a must, it's always fun to get creative. Must be registered by 1/16, so we can assign you a role and send you round one's information with costume ideas on 1/23. Min 12/Max 18
Ages: 21 & up

Registration: Open till January 16, or until full

Location: Trailhead Event Center, 12361 W. Parkway Drive, Post Falls
Sa 2/14 6:30-9:00pm \$59/person

FATHER DAUGHTER DANCE

Get ready to make magical memories at our annual Father-Daughter Dance! Dads, uncles, grandpas—grab your favorite girl and hit the dance floor for a night full of music, laughter, and sweet moments. There'll be dancing, light refreshments, photo ops, and a whole lot of fun. Whether you've got two left feet or killer moves, this night is all about making your little girl feel like a star!

Ages: 4-15

Location: Prairie View Elementary, 2478 E. Poleline Avenue, Post Falls

Fee: \$30 Dad w/ one daughter
\$8 per additional daughter/family member(s)
Corsages available - \$8 each

Sa 2/7 6:00-8:00pm

MOTHER SON COUNTRY NIGHT DANCE

Moms, aunts, grandmas—grab your favorite guy and get ready for a night of fun you won't forget! Join us for a country-themed Mother-Son Dance filled with great music, easygoing fun, and plenty of moments that will have you both smiling all night

Ages: 4-15

Location: Prairie View Elementary, 2478 E. Poleline Avenue, Post Falls

Fee: \$30 Mother w/one son \$8 per additional son(s)/family member

Sa 3/7 6:00-8:00pm

SPRING

CRAFT FAIR

The beauty of Spring is art-inspiring!

Shake off the winter cobwebs and celebrate the excitement of the season at this annual Craft Fair. We partner with Jacklin Arts as well, so you will have 3 venues to visit. Each location will have fun, one-of-a-kind crafts to enjoy and buy. Make sure to mark your calendar!

Location: Trailhead Event Center, Black Bay Depot Recreation Center, & Jacklin Arts & Cultural Center, Post Falls

SAT 3/7

9:00am-3:00pm

FREE

SPRING CRAFT FAIR VENDOR OPPORTUNITY

If you are interested in being a vendor for this show, we are looking for quality homemade craft vendors. Applications are online or available in our office. Application deadline is Sunday, February 15. Space is limited so apply early! Fee: \$50 per booth



LADIES DAY OUT

If you're looking for something fun to do with girlfriends or want to spend some quality time with your own mom, we have a special day planned for you! Sit back and enjoy, as we do the driving. We will enjoy a delicious lunch and then make our way to some amazing local wineries. Very limited registration.

Ages: 21 & up

Location: Meet at Post Falls City Hall, 408 N. Spokane Street, Post Falls

Sa 5/16 11:15-4:00pm \$75*/person

*(includes, transportation, lunch, and tastings)



POST FALLS SPRINT TRIATHLON & DUATHLON REGISTRATION OPENS 2/2

Join us for our Post Falls Sprint Triathlon at Q'emiln Park. The race consists of a .3-mile swim, 12-mile bike ride and 3-mile run. Chip timing provided, snacks and an award ceremony will follow the race. For additional information and ONLINE registration, check our website at: www.runsignup.com/races or call the Recreation office at (208) 773-0539.

Ages: 14 & up

Date: Sunday, August 2

Race Time: 7:00am

Location: Q'emiln Park, 12201 W. Parkway Drive, Post Falls

Event choice Individual \$85 | Team \$165

Late registration applicable after 7/5 - (\$100 Indiv. / \$180 Team)

PARKS AND RECREATION RECRUITMENT RALLY

JOB FAIR

MARCH 25 4-6:30PM

Full Time or Part Time

- Park Maintenance
- Camp Staff
- Construction
- Gym supervisors and Scorekeepers
- Lifeguards
- Concessions and Sports Officials
- Program Specialists



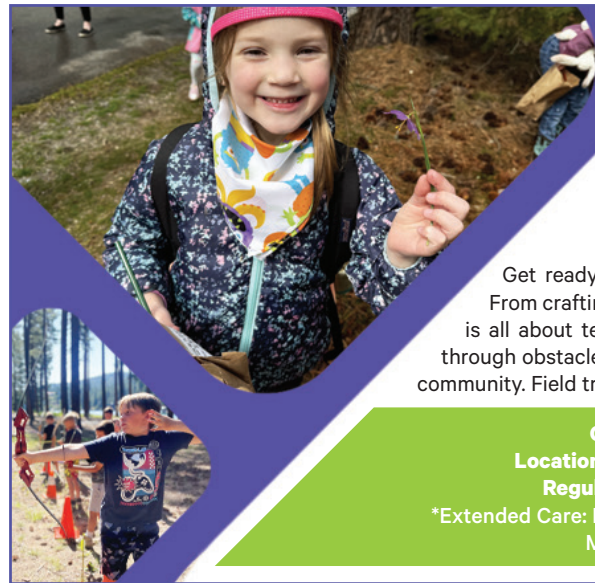
Pizza! Prizes! No Resume Needed!

Ideal for teachers, collegiates, high schoolers, and retirees.

Black Bay Depot Recreation Center 1211 E. 3rd Avenue, Post Falls

For more information: www.postfalls.gov (208) 773-0539





Camp Ka-Mee-Lin

Spring Break Experiences

Get ready for an action-packed spring break where campers discover their inner heroes! From crafting capes and building gadgets to celebrating real-life community heroes, this week is all about teamwork, creativity, and kindness in action. Campers will sharpen their super skills through obstacle courses, STEM challenges, and heartwarming projects that make a difference in our community. Field trip is included in fee. Meals are not provided.

Grades: K-6 • **Registration:** January 15-March 16 or when full
Location: Ponderosa Elementary, 3483 E. Ponderosa Boulevard., Post Falls
Regular Hours: Drop-Off: 8:30am-9:00am – Pick-up: 3:30-4:00pm
 *Extended Care: Drop-Off: 7:00-9:00am – Pick-up: 3:30-5:30pm *Additional \$50/Week
 M-F 3/30-4/3 Super Skills & Big Hearts \$190

YOUTH WILDERNESS SURVIVAL CAMP

Your adventurous kiddo will spend full days building survival skills and testing themselves against real life survival scenarios. Skills taught and practiced will include shelters, fire safety/building, knife safety, tracking, foraging, teamwork, orienteering, cords, and knots. The goal is for the kids to build initiative, self-control and judgment skills while having a great time and enjoying their natural surroundings. Camp ends with an exciting final scenario and certificate of achievement. Participants should bring appropriate clothing, water shoes, bug spray, snacks and lunch.

Ages: 9-12

Instructor: Coyle Outside Instructor • coyleoutside.com

Location: Kiwanis Park, 4176 E Weatherby Avenue, Post Falls

Min 8/Max 14	5 sessions	
M-F	7/13- 7/17	9:30am-4:30pm \$440

PEE WEE ROMPER CAMP

Give your active kiddo an adventure this summer at Kiwanis Park. We'll join in some of the action happening at Camp Ka-Mee-Lin, as well as do our own hikes, crafts, group games, slip-n-slide, and more.

Ages: 4-5 (must be independent bathroom users)

Location: Kiwanis Park, 4176 E Weatherby Avenue, Post Falls

Min5/Max10		
M-Th	7/27-7/30	9:00am-12:00pm \$135
M-Th	8/3-8/6	9:00am-12:00pm \$135

BRIXCAMP

Back for another summer! This camp is way more than playing with LEGO bricks. Participants will create with more than 1,000 pounds of pieces available to them, tackle challenges that exercise coding, design, and engineering skills, play with fun themes like speed building, ramp racing, LEGO movie, and extreme engineering. Pre- register, space is limited!

Ages: 7-14

Instructor: Wes Pitter, science teacher and LEGO Master

Location: Black Bay Depot, 1211 E 3rd Avenue, Post Falls

Min 10/Max 30	5 sessions	
M-F	7/27-7/31	9:00am-12:00pm \$175
M-F	8/3-8/7	9:00am-12:00pm \$175

JACC ART CAMPS

Calling all wanna-be artists, chefs, and actors! Be cool and create the last few weeks of summer inside the air-conditioned JACC, where you'll create art masterpieces, culinary delights, and be dramatic with your friends - for fun! Different projects each week – sign up for one or both! Morning extended care available for additional fee.

Grades: 3-6 (based on grade the 2026/2027 school year)

Instructor: JACC staff

Location: Jacklin Arts & Cultural Center, 405 N William Street, Post Falls

Min 7/Max 14		
M-Th	8/17-8/20	9:00am-3:00pm \$245
M-Th	8/24- 8/27	9:00am-3:00pm \$245
M-Th	Extended care	7:00-9:00am \$40



KA-MEE-LIN

11 WEEKS @ KIWANIS PARK IN POST FALLS, ID



Swimming, Arts & Crafts,
Drama & Storytelling, Music
& Dance, Outdoor
Adventures, Archery, Fun
Games, Water Slides & Field
Trips

JUNE 15 - AUGUST 28

**CAMPERS ENTERING
GRADES K-6**

\$190/WEEK
8:30am - 4:00pm

+\$50

Extended Care: 7:00am 5:30pm

*Additional field trip
cost certain weeks



Camp Ka-Mee-Lin is a screen-free, old-fashioned day camp experience where campers connect with nature, build important life skills, form lasting relationships and learn to be thoughtful, kind, and aware of others through the example and guidance of our caring counselors

"Explore Nature. Build Character. Put Others First."



**WEEKLY
THEMES**

(and dress up!)

- Super Heroes
- Jurassic Journey
- USA Outdoors
- Ahoy, Maties!
- Trailblazer Trek
- Safari Seekers
- Mission: Innovation
- Into the Woods
- Gone Country
- Ka-Mee-Lin LIVE!
- Aloha! Party

FIELD TRIPS

- Triple Play
- Flying Squirrel
- Tree to Tree
- Little Gym
- Coeur Climbing
- Blue Zoo
- Mobius Museum
- &
- MORE!**



WEEKLY CHARACTER TRAITS

Compassion, Perseverance,
Kindness, Honesty,
Gratefulness, etc..



REGISTER NOW! (208) 773-0539 or Postfalls.gov/recreation

Become a **Camp Sponsor** and help put your business at the heart of our community (call for more info)



EARLY CHILDHOOD

MOM'S AND LITTLES YOGA

This relaxed, supportive class is designed just for moms who need an hour to breathe, stretch, and reconnect with themselves. Children are welcome! They may join in or play in the family room. A welcoming space to get out of the house, move the body, meet other moms and enjoy a moment of self-care without worrying about a babysitter.

Moms & Children Ages: 6 & under

Instructor: Katy Shewmaker

Location: The Hive, 2700 E. Seltice Way Suite 1, Post Falls

Min 3/Max 12	4 sessions	
Tu 1/6-1/27	10:15-11:00am	\$65
Tu 2/3-2/24	10:15-11:00am	\$65
Tu 3/3-3/24	10:15-11:00am	\$65
Tu 4/7-4/28	10:15-11:00am	\$65

TINY TUMBLERS

This energized 30-minute class will help your child develop balance, flexibility, and strength all while building self-esteem and social skills. Children must be registered for class to participate.

Ages: 2-3 (with an adult)

Location: Black Bay Depot, 1211 E. 3rd Avenue, Post Falls

Min 4/Max 8	5 sessions	
Tu 1/13-2/10	9:30am or 10:00am or 4:00pm	\$48
Sa 1/10-2/7	9:30am or 10:00am	\$48
Tu 2/24-3/24	9:30am or 10:00am or 4:00pm	\$48
Sa 2/21-3/21	9:30am or 10:30am	\$48
Tu 4/7-5/5	9:30am or 10:30am or 4:00pm	\$48
Sa 4/11-5/9	9:30am or 10:00am	\$48
Tu 5/12-6/9	9:30am or 10:00am or 4:00pm	\$48
Sa 5/16-6/13	9:30am or 10:00am	\$48



MIGHTY MIGHT GYMNASTICS

This class will teach strength and self-confidence with such skills as somersaults, handstands, cartwheels, bridges, and headstands. We will introduce the low balance beam and work on a variety of beginner moves. Working with a junior swinger your child will get instruction on proper hand grips, pullovers, front supports and much more. This class will incorporate balls, hoop, incline mats, tunnels, and tons of fun! This is a great physical activity for the home-schooled child!

Ages: 4-6

Location: Black Bay Depot, 1211 E. 3rd Avenue, Post Falls

Min 4/Max 8	5 sessions	
Tu 1/13-2/10	10:30am or 4:30pm	\$55
Sa 1/10-2/7	10:30am or 11:15am	\$55
Tu 2/24-3/24	10:30am or 11:15am	\$55
Sa 2/21-3/21	10:00am or 4:30pm	\$55
Tu 4/7-5/5	10:30am or 11:15am	\$55
Sa 4/11-5/9	10:00am or 4:30pm	\$55
Tu 5/12-6/9	10:30am or 11:15am	\$55
Sa 5/16-6/13	10:00am or 4:30pm	\$55

MOMMY & ME BALLET CLASSES

Designed for little ones and their caregivers, this class offers a nurturing environment for children who may not be quite ready to dance independently. Through fun interactive songs and engaging games, we'll explore the fundamentals of ballet while fostering creativity, coordination, and confidence. Whether you're a seasoned dancer or new to ballet, this class is the perfect opportunity to bond with your child, share in the magic of movement, and create a safe space for exploration and expression.

Ages: 2-3 (with an adult)

Instructor: Maria Carter

Location: Black Bay Depot, 1211 E. 3rd Avenue, Post Falls

Min 4/Max 10	5 sessions	
Sa 1/17-2/14	9:10-9:55am	\$48
Sa 4/18-5/16	9:10-9:55am	\$48

LITTLE ATHLETES

The Little Athletes Program introduces kids to a variety of sports like t-ball, football, basketball, and soccer while helping them develop listening, motor skills, teamwork, and sportsmanship. With lots of parent involvement, this fun, non-competitive class is a great way to bond with your child while sparking an interest in sports and getting them active!

Ages: 3-4 (adult participation is a must)

Location: Black Bay Depot, 1211 E. 3rd Avenue, Post Falls

Fee \$65		
Min 5/Max 9	4 sessions	
W 1/21-2/11	10:00-10:45am or 5:30-6:15pm	\$36
W 3/4-3/25	10:00-10:45am or 5:30-6:15pm	\$36



EXCURSIONS

POST FALLS POLICE TOUR

Calling all preschoolers! Come and experience what it takes to be a police officer. We will meet at the Post Falls Police Department and tour the building plus so much more!

Ages: 3-5 (with an adult)

Location: 1717 E. Polston Avenue, Post Falls

Min 5/Max 15	1 session		
W 4/15	10:00-11:00am	\$15	

YOKE'S FRESH MARKET TOUR

Bring your little ones (ages 3-5) on a delightful behind-the-scenes tour of Yoke's Fresh Market! Children will explore the store, visit the bakery to see how fresh treats are made, and learn about healthy foods along the way. A parent or guardian must attend with each child. Transportation is not provided.

Ages: 3-5 (with an adult)

Location: 1501 E. Seltice Way, Post Falls

Min 5/Max 12	1 session		
W 4/22	10:00-11:00am	\$15	

SUPER1 FOODS TOUR

Join us for a fun and engaging field trip to Post Falls Super1 Foods, specially designed for kids ages 3-5. Little learners will explore the grocery store, discover where food comes from, and enjoy interactive learning along the way. Parent or guardian participation is required. Please note: Transportation is not provided.

Ages: 3-5 (with an adult)

Location: 805 E. Polston Avenue, Post Falls

Min 5/Max 12	1 session		
W 4/29	10:00-11:00am	\$15	

HOW THE GARDEN GROWS!

Join us for an immersive, hands-on tour where preschoolers can discover the magic of nurturing plants, sow their own seeds, and meet our friendly farm animals. Little ones will even get the chance to pick their favorite blooms! It's a wonderful way to celebrate Mother's Day and create special memories together. Please note: Transportation is not provided. Parent/guardian participation is required.

Ages: 3-5 (with an adult)

Location: Sowing Joy Farm, 444 S. Gallatin Road, Post Falls

Min 5/Max 15	1 session		
F 5/8	10:00-11:00am	\$20	

Early Childhood

MAKE IT & TAKE IT

Small Class Setting

- Socialization
- Early Learning
- Motor Skills
- Childcare & Parental Engagement

2 sessions for \$39

MAKE IT & TAKE IT

In our warm and welcoming classroom, spark creativity and hands-on fun in our Make It & Take It Class — designed just for curious little minds! Children ages 3-5 will explore art, play, and learning through engaging, age-appropriate projects they can proudly take home. Come create, play, and make some new friends! All supplies will be provided.

Ages: 3-5 (with an adult)

Location: Tree House, 582 E. 6th Avenue, Post Falls

Min 5/Max 10	2 sessions		
W 2/11 & 2/18	10:00-11:00am	\$39	
W 3/11 & 3/18	10:00-11:00am	\$39	



YOUTH SPORTS

SOCCER - TINY KICKERS

Your child will be introduced to the basic skills of soccer in an active and playful environment. Each Saturday will include 20 minutes of “skill-play” and a half-hour of scrimmage games. No practice during the week!

Boys & Girls Ages: 3-4 (Must be 3 by April 11)

Registration: January 15-February 23 (or when full)

Game Location: Woodbridge Park, 750 N. Silkwood Drive, Post Falls

Preseason Coaches Orientation: Wednesday, March 11, 5:30pm at Post Falls City Hall Council Chambers.

Fee: \$45/Res. \$53/Non-Res Fees after Feb. 23: \$54/Res. \$61/Non-Res

Sa	3 yr. olds	4/11-5/16	10:00-10:50am
Sa	4 yr. olds	4/11-5/16	11:00-11:50am

SOCCER

Join our recreational soccer league for fun, fitness, and friendship! U8, U11, and U14 has two practices and one game weekly, while Micro 5's and Mini 6's one practice and one game. A great way for kids to build skills, make friends, and stay active!

Boys & Girls Ages: 5-14

Registration: January 15-February 23 (or when full)

Game Location: Woodbridge Park, Beck Park, Hilde Kellogg

Preseason Coaches Orientation: Wednesday, March 11, 6:00pm at Post Falls City Hall Council Chambers.

Fee: \$45/Res. \$53/Non-Res Fees after Feb. 23: \$54/Res. \$61/Non-Res.

Sa	Micro 5 (5 yr. olds)	4/11-5/16	12:00-12:50pm	Woodbridge
Sa	Mini 6 (6 yr. olds)	4/11-5/16	1:00-2:00pm	Woodbridge
Sa	U8-U14	4/11-5/16	9:00am-Varies	Beck Park/ Hilde Kellogg

START SMART FOOTBALL

Start Smart Football is designed to teach kids essential motor skills like throwing, catching, kicking, punting, running, and agility, all while having a blast! Each participant receives their own flag belt, football, kicking tees, and cones to help them practice and play. It's the perfect way for kids to get ready for organized football, one skill at a time!

Boys & Girls Ages: PreK & K (Must be 3 by February 23)

Registration: January 15-February 23 (or when full)

Location: Warren Field, 105 N. Idaho Street, Post Falls

Preseason Coaches Orientation: Thursday, March 12, 6:00pm at Post Falls City Hall Council Chambers

Fee: \$56/Res. \$60/Non-Res Fees after Feb. 23: \$65/Res. \$72/Non-Res.

Sa	4/11-5/16	9:00am-12:00pm (varies)
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NFL FLAG FOOTBALL

The NFL Flag Football League teaches kids the fundamentals of the game, throwing, catching, and running, all while having fun and staying competitive! Each player receives an NFL flag jersey and NFL flag belt to wear during the season.

Boys & Girls Grades: 1-8

Registration: January 15-February 23 (or when full)

Location: Warren Field, 105 N. Idaho Street, Post Falls

Preseason Coaches Orientation: Thursday, March 12 at 6:00pm at Post Falls City Hall Council Chambers

Fee: \$56/Res. \$60/Non-Res Fees after Feb. 23: \$65/Res. \$72/Non-Res.

Sa	4/11-5/16	9:00am-4:00pm (varies)
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VOLLEYBALL

Players will learn the fundamentals of volleyball with an emphasis on FUN! Practices will begin the first week of April. There will be a total of 6 matches in the season.

Boys & Girls Grades: 3-8

Registration: January 15-February 23 (or when full)

Location: Seltice Elementary, 1101 Chase Rd, Post Falls

Preseason Coaches Orientation: Thursday, March 12 at 6:00pm at Post Falls City Hall Council Chambers

Fee: \$45/Res. \$53/Non-Res. Fees after Feb 23: \$56/Res \$64/Non-Res

Sa	4/11-5/16	9:00am-2:00pm (varies)
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OPEN GYM – YOUTH BASKETBALL

Looking for a place to practice your shot? This drop-in program is a great opportunity to improve your game in a supervised but unstructured setting. Parents must stay with their children. No childcare provided. Parents or coaches opting to use their court with their child must also sign-in and pay the attendance fee.

Ages: 6-16

Dates: Fridays January 23-February 27

Time: 6:00-9:00pm

Location: Seltice Elementary , 1101 Chase Road, Post Falls \$5/session

OPEN GYM – ADULT VOLLEYBALL

Are you looking to get active and meet others in the area? Join us for open gym volleyball. Courts are available on a first come, first-served basis.

Ages: 16 & up

Dates: Saturdays, now through May 16

Time: 6:30-9:30pm

Location: Seltice Elementary, 1101 Chase Road, Post Falls \$5/session



ADULT SPORTS & FITNESS

CHAIR YOGA

This class offers a safe and welcoming way to enjoy the benefits of yoga. Students may choose to stay seated for the entire class or use the chair as a prop during optional standing poses. Perfect for seniors are those with limited mobility, no floor work required.

Ages: 18 & up

Instructor: Katy Shewmaker

Location: The Hive, 2700 E. Seltice Way Suite 1, Post Falls

Min 3/Max 12	4 sessions		
Th	1/8-1/29	11:00am-12:00pm	\$75
Th	2/5-2/26	11:00am-12:00pm	\$75
Th	3/5-3/26	11:00am-12:00pm	\$75
Th	4/9-4/30	11:00am-12:00pm	\$75



SHINE DANCE FITNESS

Class provides cardio, toning and an inclusive experience. Participants will leave feeling capable, confident, and empowered.

Ages: 16 & up

Instructor: Susanne Marton

Location: Black Bay Depot,
1211 E. 3rd Avenue, Post Falls

Min 4/Max 12	4 sessions		
Tu	2/3-2/24	7:00-7:45pm	\$30
Tu	3/3-3/24	7:00-7:45pm	\$30
Tu	4/7-4/28	7:00-7:45pm	\$30
Tu	5/5-5/26	7:00-7:45pm	\$30

WOMEN'S ADULT VOLLEYBALL

New teams are welcome! This is 4x4 play. Teams are responsible for placing themselves in the correct division. League info, rules and details are online. Will move and/or combine divisions as needed. Tournament is the final league date. No games held on April 1 or 5.

Ages: 18 & up

Registration: January 15-February 15, unless filled

Location: Ponderosa or Seltice Elementary School, TBD

Resident Team*: \$220

Non-Resident Team: \$240 Extra player fee of \$30 after 5th player rostered

*Resident Team must be made up of at least 50% City of Post Falls Residents.

W	Upper Division A/B1	3/4-4/15	6:00-10:00pm
W	Lower Division B2/Rec	3/4-4/15	6:00-10:00pm
Su	Upper Division A/B1	3/1-4/12	9:00am-5:00pm
Su	Lower Division B2/B	3/1-4/12	9:00am-5:00pm
Su	Rec Division	3/1-4/12	9:00am-5:00pm

Ages: 12 & up

Instructor: Sensei Cindy Jacobs

Location: 14104 W. Riverview Drive, Post Falls

WOMEN'S AIKIDO

Participants will build higher confidence and self-esteem, while learning better balance, coordination, and quicker reflexes, as well as a variety of self-defense skills.

W	2/4-2/25	5:30-7:00pm	\$48
Sa	2/7-2/28	9:00-10:30am	\$48
W	3/4-3/25	5:30-7:00pm	\$48
Sa	3/7-3/28	9:00-10:30am	\$48
Sa	4/4-4/25	9:00-10:30am	\$48
W	4/8-4/29	5:30-7:00pm	\$48
W	5/6-5/27	5:30-7:00pm	\$48
Sa	5/9-5/30	9:00-10:30am	\$48

YOGA

In these classes you will enjoy working out in a fun and relaxing atmosphere while reducing stress and developing better balance and flexibility.

W	2/4-2/25	7:15-8:30pm	\$39
F	2/6-2/27	8:30-9:45am	\$39
W	3/4-3/25	7:15-8:30pm	\$39
F	3/6-3/27	8:30-9:45am	\$39
F	4/3-4/24	8:30-9:45am	\$39
W	4/8-4/29	7:15-8:30pm	\$39
W	5/6-5/27	7:15-8:30pm	\$39
F	5/8-5/29	8:30-9:45am	\$39

NOTORIOUS DIG VOLLEYBALL TOURNAMENT

Fast and fun competition. Divisions will be capped at 10. The winner of each division will receive a championship t-shirt - and consolation prizes for all!

Women's 4 x 4

Ages: 18 & up

Registration: January 15 – April 10, unless filled

Location: Ponderosa or Seltice Elementary School, TBD

Team Fee: \$160

Su	Upper Division	4/26	9:00am-6:00pm
Su	Lower Division	4/26	9:00am-6:00pm

ADULT KICKBALL LEAGUE

Bring your A-game to this fun league. Roster will consist of 10 players on the field with a maximum of 13 total. At least three women need to be playing on defense. Teams must be paid in full by May 15.

Co-Ed Ages: 18 & up

Registration: January 14 – May 3

Dates: Thursdays, May 21 – June 18

Location: Chase Field, 410 W. 21st Avenue, Post Falls

Fee: \$200/team



SPECIAL INTEREST

COMMUNITY SUNDAY SOCIAL DANCE

Dance to a variety of classic dance music from Ballroom to Latin, Country and swing. Come get to know the local dance community.

Ages: 18 & up

Location: Follow My Lead Studio 2, 221 E. Railroad Avenue, Post Falls

Su	Sparklers Gold & Silver	1/25	3:00-6:00pm	\$15
Su	Love	2/22	3:00-6:00pm	\$15
Su	St. Patrick's Day	3/22	3:00-6:00pm	\$15

SITTERS - SAFETY FIRST!

Designed for youth who are getting ready to stay home alone, care for younger siblings, or wanting to babysit. Child development and first aid will be covered. In addition, participants go over life and business skills to be prepared and responsible – whatever the job may entail!

Ages: 11-15

Instructor: Beth Urrutia

Location: Trailhead Event Center, 12361 W Parkway Drive, in Q'emiln Park

Min	6/Max	12	1 session	
Sa	1/31		9:30am-3:00pm	\$90
Sa	2/28		9:30am-3:00pm	\$90
Sa	4/18		9:30am-3:00pm	\$90

COUNTRY SWING, BEGINNERS & BEYOND

1A Intro Class: Get on the dance floor with confidence, frame, and connection in a fun environment. Great for first time dancers & those new to Country swing wanting an easier pace!

Ages: 16 & up (No partner needed)

Instructor: Follow My Lead Instructors

Location: Follow My Lead Studio 2, 221 E. Railroad Avenue, Post Falls

Min	4/Max	20	4 sessions	
M	2/2-2/23		6:00-6:50pm	\$75
M	3/2-3/23		6:00-6:50pm	\$75

MARTIAL ARTS FOR KIDS BUSHENKAI AIKIDO

Students will learn respect and discipline through mutual cooperation and teamwork. They will also build higher confidence and self-esteem while learning better balance, coordination, and quicker reflexes, as well as a variety of self-defense skills.

Ages: 4-12

Instructor: Tom Collins or Cindy Jacobs

Location: 14104 W. Riverview Drive, Post Falls

Min	3/Max	8	4 sessions	
Tu	4-5 yrs	2/3-2/24	4:15-4:45pm	\$39
Tu	6-12 yrs	2/3-2/24	5:00-6:00pm	\$50
Tu	4-5 yrs	3/3-3/24	4:15-4:45pm	\$39
Tu	6-12 yrs	3/3-3/24	5:00-6:00pm	\$50
Tu	4-5 yrs	4/7-4/28	4:15-4:45pm	\$39
Tu	6-12 yrs	4/7-4/28	5:00-6:00pm	\$50
Tu	4-5 yrs	5/5-5/26	4:15-4:45pm	\$39
Tu	6-12 yrs	5/5-5/26	5:00-6:00pm	\$50

LINE DANCING FOR BEGINNERS

Get ready for the next night out with friends. You'll learn some fun dances and terms, all at a step-by-step, easier learning pace.

Ages: 16 & up

Instructor: Follow My Lead Instructors

Location: Follow My Lead Studio, 221 E. Railroad Avenue, Post Falls

Min	4/Max	20	4 sessions	
W	2/4-2/25		5:30-6:20pm	\$75
W	3/4-3/25		5:30-6:20pm	\$75

AFTER SCHOOL FAMILY YOGA

A fun family, friendly yoga class created to help kids and parents connect after a busy school day. Through movement and simple exercises, families can share quality time, reduce stress and build stronger bonds. This class is playful, positive and perfect for all ages and experience levels.

Ages: 8 & up (Limit 2 children with parent)

Instructor: Katy Shewmaker

Location: The Hive, 2700 E. Seltice Way Suite 1, Post Falls

Min	3/Max	12	4 sessions	
W	2/4-2/25		4:30-5:15pm	\$75
W	3/4-3/25		4:30-5:15pm	\$75
W	4/8-4/29		4:30-5:15pm	\$75

BALLROOM DANCE

Class covers basic steps, frame, a few moves in each style. Plenty of practice time provided in each class. No partner needed, so come enjoy a new circle of friends in a fun atmosphere!

Ages: 18 & up

Instructors: Janine Hernandez (Salsa & Bachata) & Guest instructor (Argentine Tango)

Location: Follow My Lead Studio 2, 221 E. Railroad Avenue, Post Falls

Min	4/Max	20	4 sessions	
Th	Bachata	2/5 - 2/26	6:30 - 7:15pm	\$75
Th	Salsa	2/5 - 2/26	7:15 - 8:00pm	\$75
Th	Bachata	3/5 - 3/26	6:30 - 7:15pm	\$75
Th	Salsa	3/5 - 3/26	7:15 - 8:00pm	\$75

LEARN TO SKATE

Join Lake City Figure Skating to learn the basic FUNdamentals of ice skating. Lessons include a 30 Min. group lesson with additional practice time and skate rentals.

Ages: 3 & up

Location: Frontier Ice Arena, 3525 W. Seltice Way, Coeur d'Alene

Min	2/Max	15		
Tu	3/3-4/21		5:00-5:30pm	\$130
Tu	4/28-6/16		5:00-5:30pm	\$130

**Practice time during public skate session 5:45-7:00pm are required to join Learn to Skate USA for \$20-this annual membership gives you additional sports insurance and other member benefits <https://learntoskateusa.com/registration>. All skaters will also be required to fill out our Liability waiver prior to taking the ice. For more information, please visit our website at: www.spokanefigureskating.org/learn-to-skate

TAP, BALLET & JAZZ

Dance classes are a highly physical activity, and kids that take dance lessons regularly can increase their flexibility, range of motion, physical strength and stamina. The repetitive motion can improve muscle tone, correct poor posture, increase balance and coordination.

Ages: 3-11
Instructor: Maria Carter

Location: Black Bay Depot, 1211 E. 3rd Avenue, Post Falls
 Min 4/Max 10 10 sessions Fee: \$110.00 (includes costume)

Th	3-4 Pre Ballet/Jazz	4/9-6/4	4:00-4:45pm
Th	5-6 Beg Ballet/ Jazz	4/9-6/4	4:50-5:35pm
Th	7-11 Beg Ballet/Jazz	4/9-6/4	5:40-6:25pm
Th	5-6 Beg Ballet/Jazz	4/9-6/4	6:30-7:15pm
Sa	3-4 Pre Ballet/Tap	4/11-6/6	10:00-10:45am
Sa	5-6 Beg Ballet/Tap	4/11-6/6	10:50-11:35am
Sa	3-4 Pre Ballet/Tap	4/11-6/6	11:40am-12:25pm
Sa	7-11 Beg Ballet/Tap	4/11-6/6	12:30-1:15pm

Recital held at the KROC, Monday, June 8, 2026



QUILTING/SEWING

Ages: 9 & up
Instructor: Wendy Crispin
Location: Black Bay Depot, 1211 E. 3rd Avenue, Post Falls
 Min 3/Max 6 1 session

OPEN SEWING (HELP FOR YOUR OWN PROJECT)

Are you having trouble finishing or starting that quilt project you are working on? Want to meet other quilters? Bring whatever you need for your project; I would love to help!

Sa	1/31	1:30-4:00pm	\$30
Sa	3/21	1:30-4:00pm	\$30
Sa	5/23	1:30-4:00pm	\$30

SEWING MACHINE 101

Is the sewing machine just sitting in your closet? Are you scared to adjust the tension? Do you not know how to thread it, but you want to learn? This is the class for you. Come learn how to use your machine and sew a pillowcase. This is a 1-time class that is 2.5 hours long. Your instructor will pre-cut and supply the fabric, material fee is \$12. You will need to bring your own sewing machine, thread and long straight pins.

Sa	2/28	1:30-4:00pm	\$30
Sa	4/25	1:30-4:00pm	\$30



Gardening Workshops

Ages: 14 & up
Instructor: Sue Bockelman, The Plant Pro
Location: Tree House, 582 E. 6th Avenue, Post Falls
 Min 5/Max 15 1 session

ORGANIC LANDSCAPING BASICS

From design to planting to maintaining your yard, we'll talk about proper landscaping techniques as well as how to do these things organically for the improved health of your plants, your family and the environment. We'll talk soil, fertilizer, water, mulching, and tips for success.

M	1/19	6:00-8:00pm	\$22
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ORGANIC VEGETABLE GARDENING

The seed catalogs have arrived and you're thinking Spring. You can almost taste the fresh fruits of your labors. Learn how to start seeds indoors (yes, we'll get dirty), transplant them into a garden of properly prepared soil, and care for them until harvest using proper organic gardening techniques. We'll talk water, fertilizer, mulch and pest control.

M	2/2	6:00-8:00pm	\$22
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GROWING FRUIT IN NORTH IDAHO

We can grow a myriad of trees, bushes, brambles, vines and perennials with edible fruit in north Idaho. Learn how to grow them from planning and planting through watering, fertilizing, pest control and pruning to harvest. We'll be using a primarily organic approach for growing edibles.

M	2/16	6:00-8:00pm	\$22
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STOP THE BRUTAL PRUNING

Learn proper pruning techniques for your trees (shade, flowering, fruiting and evergreen), shrubs (flowering, fruiting, roses and hedges), edibles and perennial flowers to keep them happy and healthy. We'll also discuss timing and tools.

M	3/9	6:00-8:00pm	\$22
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GROWING GRASS - LAWNS (NOT THE FUNNY STUFF)

Learn how to grow a lawn in north Idaho. We'll talk about types of grasses (native and turf-type), planning, planting, watering, fertilizing, pest control (common diseases and insects), and other proper lawn care practices using a primarily organic approach.

M	3/23	6:00-8:00pm	\$22
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PERENNIAL FLOWER GARDENS

Grow a beautiful garden that will come back year after year, bigger and better. We'll talk about choosing plants for problem areas (including herbs) as well as planning, planting, watering, fertilizing, maintenance and pest control.

M	4/6	6:00-8:00pm	\$22
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LANDSCAPING & WILDLIFE

How do you have a beautiful landscape and luscious garden in North Idaho that is both attractive to some wildlife (Birds & Pollinators) while keeping other wildlife (deer, voles, etc.) at bay? We'll discuss how to attract beneficial wildlife, including lists of bird friendly plants. And we'll discuss how to keep others out, including lists of deer and rabbit resistant plants.

M	4/20	6:00-8:00pm	\$22
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CONTAINER GARDENS

Let's get our hands dirty learning how to plan, plant and successfully grow gorgeous container gardens. We'll talk pots, soils, flowers and ornamental plants, and edible plants. We'll also talk about how to care for your containers, so they'll still look beautiful through the hot Summer and even into Fall.

M	4/27	6:00-8:00pm	\$22
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PARKS AND RECREATION RECRUITMENT RALLY

we're
HIRING
NOW



JOB FAIR

Competitive Pay
Paid Training
No Resume Required
Free Pizza and Prizes

MARCH 25
4-6:30PM

Open Positions:

- ✓ Camp Staff
- ✓ Gym supervisors and Scorekeepers
- ✓ Concessions and Sports Officials
- ✓ Park Maintenance

Black Bay Depot Recreation Center
1211 E. 3rd Avenue, Post Falls

For more information:
www.postfalls.gov
(208) 773-0539



Easter Egg Extravaganza

FREE EVENT

Saturday, April 4
Q'EMILN PARK

12201 W. Parkway Drive, Post Falls

Egg Hunt Times:

1:00-1:10pm Toddlers
1:15-1:25pm 3-4 yrs.
1:30-1:40pm 5-7 yrs.
1:45-1:55pm 8-11 yrs.
2:00-2:10pm Special and
Mobility Needs

BRING YOUR
OWN
BASKET

GET A PHOTO
WITH THE
EASTER BUNNY!

5 DIVISIONS

PRIZES

RAIN/SNOW OR SHINE

Post Falls Parks & Recreation
408 Spokane Street
Post Falls, Idaho 83854

PRSR STD
ECRWSS
US POSTAGE
PAID
Post Falls, ID
Permit No. 32

POSTAL PATRON

Forester's Report (2/24/26)

Looking Back – What's new since our last meeting?

- UF yard/facility improvements are complete. We've installed pallet racking (and associated concrete pad) for elevated storage, installed two 20-ft shipping containers (with associated concrete footings) to expand dry storage, and installed concrete footings (and permanent attachment) under our existing carport structure (that serves as a nursery potting and media storage area). These improvements will streamline our day-to-day processes and provide much-needed additional storage space.
- UF-related Community Development involvement (between 11.22.25 & 2.20.26):
 - Pre-application meetings/reviews: 11
 - Subdivision street tree plan reviews: 5 Approved reviews
 - Subdivision common area street tree inspections: 2
 - Residential street tree inspections: 59
 - Comm., ind., and multi-fam. landscape plan reviews: 11 Approved reviews
 - Comm., ind., and multi-fam. landscape site inspections: 16

What are we currently working on?

- UF field staff are working on dead-standing tree removals in City natural areas. Goals for the work include 1) reducing risk to site users and permanent structures, 2) reducing the effects and spread of bark beetle insect populations, & 3) retaining (or expanding) wildlife habitat opportunities. This labor-intensive annual task typically requires some level of work in each of the City-managed natural area sites.
- The UF Division is working alongside the Community Development Dept. to continue refinements of the Title 12 and Title 17 municipal code. These proposed revisions have been sent out to members of the local development community and we're currently integrating their feedback into the proposed language. Once adopted, the new code sections will rectify or improve a handful of street tree-related issues. Examples include:
 - Removal of the developers' option to "cash out" street trees
 - Removal of the developers' requirement to post surety (bond) for all street trees within a subdivision (at the time of development)
 - Relocation of the City's street tree code – from Title 17 (Subdivisions) to Title 12 (Streets, Sidewalks, & Public Places)
 - New ability to require that street trees be planted in rights-of-way adjacent to in-fill lots when they develop
 - Additional street trees required along long(er) residential frontages (mostly side frontage) – current requirement = one, new requirement = one for every 50 ft of frontage
- We're collaborating with City Streets Dept. to modify and solidify our internal procedure regarding tree root vs. sidewalk conflicts. We expect that refining this process will result in a faster and smoother experience for residents who report issues and will also streamline our process for mitigating the issue.

Looking Forward – Plans for the short-term.

- Field staff will be completing the annual traffic sign & signal clearance pruning route. This list is compiled annually by the Street Dept. as a part of their regular sign inventory. This year, there are a little over 100 obstructions (of one degree or another).
- We're turning our attention toward Spring and will be planning annual spring community outreach events. 2026 will include a full suite of Friends of PFCF volunteer projects, an Arbor Day celebration, and the Fourth Grade Forest Field Tour.
- We'll also be planning the next (and final) phase of our pot-in-pot nursery. This phase will be for #3 & #7 container trees.